



Active Dreaming: Journeying Beyond Self-Limitation to a Life of Wild Freedom

Robert Moss

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Practical Magic for Living the “Life of Your Dreams”

Active Dreaming is a way of being fully of this world while maintaining constant contact with another world, the world-behind-the-world, where the deeper logic and purpose of our lives are to be found. *Active Dreaming* offers three core areas of practice: talking and walking our dreams to bring energy and guidance from the dreamworld into everyday life; shamanic lucid dreaming; and conscious living.

Active dreamers are choosers. They learn to recognize that whatever situation they are in, they always have choice. They choose not to buy into self-limiting beliefs or the limited models of reality suggested by others. Active dreamers learn to grow a dream of possibility, a dream strong enough to take them beyond fear and despair to a place of freedom and delight.

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Playing with family within a park, coming to see the ocean world or hanging out with buddies is thing that usually you may have done when you have spare time, then why you don't try factor that really opposite from that. A single activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love Active Dreaming: Journeying Beyond Self-Limitation to a Life of Wild Freedom, you could enjoy both. It is good combination right, you still desire to miss it? What kind of hang-out type is it? Oh seriously its mind hangout men. What? Still don't get it, oh come on its referred to as reading friends.

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