



# Critical Reflection in Health and Social Care

*Sue White, Jan Fook, Fiona Gardner*

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'...the book makes an excellent contribution to the library of those keen to delve further into the realm of critical reflection, understand various interpretations of interdisciplinary practices, and use these to aid their own and others' professional practice, exploration and development' - "Learning in Health and Social Care". How can professionals reflect critically on the aspects of their work they take for granted? How can professionals practise with creativity, intelligence and compassion? What current methods and frameworks are available to assist professionals to reflect critically on their practice? The use of critical reflection in professional practice is becoming increasingly popular across the health professions as a way of ensuring ongoing scrutiny and improved concrete practice - skills transferable across a variety of settings in the health, social care and social work fields. This book showcases current work within the field of critical reflection throughout the world and across disciplines in health and social care as well as analyzing the literature in the field. "Critical Reflection in Health and Social Care" reflects the transformative potential of critical reflection and provides practitioners, students, educators and researchers with the key concepts and methods necessary to improve practice through effective critical reflection. Contributors to this book are: Gurid Aga Askeland, Andy Bilson, Fran Crawford, Jan Fook, Lynn Froggett, Sue Frost, Fiona Gardner, Jennifer Lehmann, Marceline Naudi, Bairbre Redmond, Gerhard Reimann, Colin Stuart, Pauline Sung-Chan, Carolyn Taylor, Susan White, Elizabeth Whitmore, and, Angelina Yuen-Tsang.



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