



# Herbal Antibiotics: Natural Home Remedies for Beginners (Nature's Miracles)

*Nature's Miracles, Alicia J. Stafford*

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## **Herbal Antibiotics Natural Home Remedies for Beginners**

### **Looking to try herbal antibiotics and don't know where to start?**

When I began my journey into learning about herbs, I had a lot of questions about health in general. What defines health and wellness and what do we do when we don't have this state of being?

We usually think about health as a state of being free from illness or injury.

The constitution of the World Health Organization, adopted in 1948, says this: "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity."

I began studying herbs and their use against disease and infection and this led me to think about pharmaceutical drugs and antibiotics. How did they get discovered? And how did scientists figure out what drug kills what infection?

From all that I've read and studied, I have learned that our bodies themselves are very well-designed to fight off infections. So what can we do to help this process along?...

**Herbal antibiotics have been used successfully against bacterial infections for decades, but very few people today understand why that is.**

Also, you'll discover...

How antibiotics work

The benefits of herbal antibiotics

Simple recipes for getting started

And much more!

## **Table of Contents**

# **Your Body's Natural Defense**

## **The Basics**

### **What Are Antibiotics**

### **Why Use Medicinal Herbs**

### **Can't Knock Me Down**

### **Let's Get Practical**

### **Can't Knock Me Down**

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