



## **19 Lessons On Tea: Become an Expert on Buying, Brewing, and Drinking the Best Tea**

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## **Learn Everything You Need To Know About Tea**

The world of premium quality tea is every bit as complex and fascinating as wine, and 19 Lessons On Tea is the ultimate guide to everything you need to know about this healthy and flavorful daily indulgence.

- Are you interested in learning about tea but don't know where to start?
- Do you want to impress your friends or business associates with your knowledge?
- Have you been drinking tea for a while but want to round out your knowledge or become a true connoisseur?
- ...or do you simply want to walk into your local tea shop and know enough to order something you'll enjoy?

Read this book and in a few hours and you'll be set for all this and more.

## **Novice Or Pro, You'll Benefit From This Book**

If you're new to tea, we guarantee you'll walk away from our lessons feeling confident enough to talk tea with the most experienced tea experts. You will gain immediate fundamental knowledge of purchasing, brewing, and consuming the best teas as you read through each lesson. If you're already knowledgeable about tea, you'll still pick up a few new bits of information along the way.

19 Lessons on Tea is a comprehensive tea guide that will help you gain a thorough understanding of the drink. This book primarily covers premium loose leaf tea served hot, but provides information on all major styles of tea.

## **These Lessons Cover The Many Facets Of The World Of Tea**

- Green, black, white, herbal, oolong, and pu-erh teas.
- Teapots and important tea accessories and equipment.
- How tea can fit into your daily routine in a way that will help improve your health.
- Popular specialty tea variations and blends such as Kombucha, Chai, Earl Grey, breakfast teas, bubble tea, and blooming teas.
- Tea culture and traditions from around the world.
- How to correctly pair tea with food.
- ...and much more!

## **Plus, This Book Answers Many Important Questions That Every Tea Drinker Should Know**

- Which teas have the most caffeine and how can you quickly decaffeinate any tea?
- What teas should you never add milk, honey, or lemon to? And which benefit most from these additions?
- How can excellent quality loose leaf tea actually be cheaper than lower quality tea bags?
- How long should you brew each type for the best flavor?

- Which country in Europe consumes the most tea per person? (hint: probably not who you think!)

This book is a collaboration by people with an true interest in tea, allowing you to learn not only the tea basics but the ultimate insider approach to picking your teas based on more than a name on the box. And as you progress in your knowledge of tea, you will be able to quickly and easily refer back to this book as a quick reference guide.

**Grab your copy of 19 Lessons On Tea today!**



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#### **Nancy Deanda:**

Spent a free the perfect time to be fun activity to do! A lot of people spent their sparettime with their family, or their very own friends. Usually they accomplishing activity like watching television, likely to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Do you need to something different to fill your own free time/ holiday? Could be reading a book may be option to fill your free of charge time/ holiday. The first thing that you'll ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the guide untitled 19 Lessons On Tea: Become an Expert on Buying, Brewing, and Drinking the Best Tea can be very good book to read. May be it may be best activity to you.

#### **Pauline Bardwell:**

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#### **Steven Evans:**

Some people said that they feel fed up when they reading a guide. They are directly felt the idea when they get a half portions of the book. You can choose the particular book 19 Lessons On Tea: Become an Expert on Buying, Brewing, and Drinking the Best Tea to make your own personal reading is interesting. Your own skill of reading talent is developing when you such as reading. Try to choose very simple book to make you enjoy to see it and mingle the sensation about book and studying especially. It is to be very first opinion for you to like to wide open a book and learn it. Beside that the reserve 19 Lessons On Tea: Become an Expert on Buying, Brewing, and Drinking the Best Tea can to be your new friend when you're truly feel alone and

confuse using what must you're doing of that time.

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