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These holistic lectures were first presented to a variety of recovery organizations and clinicians from diverse backgrounds. The emphasis is on recovery in its fullest sense - mental, physical, psychological and spiritual. To "heal" means to make whole, in contrast to "treating" which is limited and short-sighted. The author draws from a diverse clinical background of over 50 years as a foremost leader in the field, as emphasized in greater detail in a series of over eight books on the subject of human consciousness itself, which is intimately intertwined with health, as well as behavior and the psychological underpinnings of human existence. This companion to all the lectures is a compendium and dedication to the relief of human suffering in its various expressions. To truly heal is to "make whole" on all levels.

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