



Reclaiming Wholeness: Letting Your Light Shine Even If You're Scared to Be Seen

Kimberlie Chenoweth

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Gifted but shy?

Reclaiming Wholeness offers a surprisingly resonant take on letting your light shine here on earth.

You know you're here for a reason, and you want to shine. But you're sensitive and a bit of an introvert. You've been hiding, like a seed buried beneath the snow longing for springtime. Well, my friend, it is time to sprout. Time to let your soul roots wiggle their way downward and outward into fertile soil, grounding you so you can reach your hands to the light and proclaim: I am here.

Through this book, author Kimberlie Chenoweth will help you gather your courage to burst the husk. More than a workbook with five easy steps to discovering your gifts or your life purpose, this book is an invitation to let your sensitive self tend the seeds of your becoming in some novel ways. Part memoir, part evocative mentor, it offers a thoughtful way to help you germinate the seeds of your becoming so you can blossom organically into wholeness.

Here, Bill Plotkin's *Soulcraft* meets David Whyte's *Crossing the Unknown Sea*, with a bit of Anne Lamott's *Traveling Mercies* watering the seeds of this story of becoming.

- Be inspired by the author as she recounts her own journey to wholeness
- Find sources of love that may surprise you
- Discover the link between childhood wounding and your life purpose
- Explore a radical way of homing in on your work and place in the world
- Learn the most frequently missed source of wholeness

"Kimberlie Chenoweth's book, *Reclaiming Wholeness*, eloquently, authentically, and courageously chronicles her rich, life-rendering journey into wholeness. With rare unwavering trust, Kimberlie bravely and unconditionally encounters great challenges and gradually welcomes them all – darkness, doubts, vulnerabilities, fears, love, longings. She acquaints herself with, holds, honors, and, yes, cherishes all she harvests from within and from the outside world. Her voyage transforms her to a state of wholeness – the modern 'Ithaca'. The reader will be self-inspired and with Kimberlie's wisdom at hand, readily able to enhance his or her own life's journey. And I'm sure, you the reader will be hungry for more, as I am. This is an author we need to keep hearing from as she continues to explore the human journey beyond known horizons."

— Peter Tsantilis, Ph.D. | Clinical Psychologist, Mentor, Lecturer

"In *Reclaiming Wholeness*, Kimberlie Chenoweth demonstrates her own connectedness with our mother earth's vital energies by transmitting the teaching directly through her words. With profound honesty and enthusiasm, she will guide you towards your own wholeness—'an organizing principle of consciousness.' A master in a long spiritual lineage, Kimberlie practices that orientation as a place to come from in each

moment. I highly recommend this wonderfully real, energetic, and warmly encouraging book!”

— Anne Hillman | Author of *Awakening the Energies of Love: Discovering Fire for the Second Time* and *The Dancing Animal Woman: A Celebration of Life*

“Reclaiming Wholeness is a companion volume for anyone interested and daring enough to be the authentic author of their life. With a kindness that seeps from the pages into your heart, Kimberlie will take you on a life-affirming journey from the perils and joys of childhood, through a dynamic process of personal healing, and ultimately into a palpable experience of belonging to something much greater than just yourself.

Reclaiming Wholeness is about coming home.”

— Alexander Laszlo, Ph.D. | Director of the Doctoral Program in Leadership and Systemic Innovation at the Buenos Aires Institute of Technology in Argentina | 57th President and Chair of the Board of Trustees of the International Society for the Systems Sciences | Co-author with Ervin Laszlo of *Mind Beyond SpaceTime: The Continuity of Consciousness in the Cosmos* (forthcoming)

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Roger Cooper:

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