

Have Your Cake and Eat It Too!

Cheryl Holland



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It's way too common; the woman who simply exists instead of living a life that fulfills her. She is laden with guilt whenever she thinks about giving to herself, so she does what she knows best – takes care of others and neglects her own needs and desires. Those dreams she had before "life happened" are buried deep in her mind and soul. She's living her life all over the place, but nowhere at the same time.

If your dreams have been on delay, or if you've been feeling stuck in your life then this book will help you reclaim your power and use it in ways you never thought possible. This sassy, easy-to-read guide will help you to be happy, successful, and satisfied. It will change the way you look at your relationships, and your career, and it will connect you to your power to change your life. Are you ready to be in control of your life? Do you want to fear-less and be more power-full?

You no longer need to settle for the way things are . . . you can open up to the way things can be—if you dare to tap the power within! Cheryl uses a cake as a metaphor to help you realize that you have all of the right ingredients within to create the life you want. You'll be inspired to:

- Put a demand on your potential
- Create boundaries for your relationships
- Use what you have to create success
- Effectively endure the process to the promise

Enjoy this book as it helps you take charge and move your life forward so that you can get what you really want, to – **Have Your Cake and Eat it Too!**



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From reader reviews:

Margaret Clayton:

The ability that you get from Have Your Cake and Eat It Too! will be the more deep you rooting the information that hide inside words the more you get interested in reading it. It does not mean that this book is hard to recognise but Have Your Cake and Eat It Too! giving you thrill feeling of reading. The author conveys their point in particular way that can be understood by means of anyone who read this because the author of this book is well-known enough. This kind of book also makes your own vocabulary increase well. Therefore it is easy to understand then can go to you, both in printed or e-book style are available. We propose you for having this kind of Have Your Cake and Eat It Too! instantly.

Paulette Rodriguez:

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John McCraw:

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Janelle Coe:

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