



The Teachable Minute: The Secret to Raising Smart & Appreciative Kids

Connie R. Hebert

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What do we already know about kids?

ALL kids are naturally curious.

ALL kids want attention.

When we make time to Show, Ask, or Teach kids something, we help kids in two very important ways:

-We help them grow smarter. Consequently, they will know more and want to know more.

-We give them our time and undivided attention. Consequently, they will grow appreciative and grateful for our efforts, and connect with us more as parents.

The Teachable Minute raises one very important question in today's fast-paced, technologically advanced world:

How can we strike a balance between engaging with devices and interacting with kids?

"As I considered the answer, I drew from my many years of experience as a mother of three children, experienced educator, and national literacy consultant. I've caught thousands, if not millions, of 'teachable minutes' with kids! What I know for sure is that when we make a conscious effort to capture 'the teachable minute' as often as possible, in a variety of settings, we help kids grow smarter and more appreciative."

—from the book *The Teachable Minute*

The teachable minute is a golden opportunity to teach kids something, anywhere, FAST. It can be caught at any time, in common places where we all live and go. The teachable minute can appear in a car, at the mall, around the kitchen table, at the post office, in the yard, on a plane, in an elevator, at the beach, on the subway, in a rocking chair, at the park, in the bathtub, and anywhere else you can think of.

Dr. Connie Hebert is a nationally acclaimed teacher of teachers, author, motivational speaker, and mother. She wants all parents to experience the teachable minute—because when it's gone, it's gone. Catch it with your kids. *The Teachable Minute* shows you how!

For more information on how to capture the teachable minute with your kids, please visit:

www.theteachableminute.com OR www.conniehebert.com

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From reader reviews:

Stacey Smith:

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Karen Perl:

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Elizabeth Daugherty:

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