

Rebuilding: When Your Relationship Ends

Bruce, Dr. Fisher



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This revised, updated third edition of the international bestseller is built on more than two decades of research and practice, incorporating feedback and life experiences of hundreds of thousands of divorced men and women who have read and used REBUILDING. This book has spawned thousands of divorce recovery groups in the U.S.A., Canada, Australia, New Zealand, Mexico, Finland and elsewhere. Fisher's thorough understanding and presentation of the nineteen-stage divorce recovery process is remarkable. Clearly the most widely used approach to divorce recovery, Fisher's rebuilding model has made the divorce process less traumatic, even healthier, for his readers. They often comment, "He seems to know exactly what I'm feeling!" This new edition, revised and updated with the assistance of psychologist and marriage and family therapist Dr. Robert Alberti, continues Bruce's tradition of straight-to-the-heart response to the needs of those who are divorcing or divorced.



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