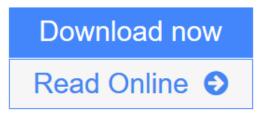


# The American Physical Therapy Association Book of Body Repair & Maintenance: Hundreds of Stretches & Exercises for Every Part of the Human Body

Steve Vickery, Marilyn Moffat



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