



# **On Cooking: A Textbook of Culinary Fundamentals, Fifth Canadian Edition with MyCulinaryLab (5th Edition)**

*Sarah R. Labensky, Alan M. Hause, Priscilla R. Martel, Fred Malley, Anthony Bevan, Settimio Sicoli*

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The fifth Canadian edition of *On Cooking* is our “All About the Basics” edition: prepping chefs for careers in the kitchen with recipe basics that conform to the Red Seal and are supported by MyCulinaryLab.

The text provides a wealth of resources that will help students both while learning and during their careers, including a thorough coverage of basic skills, techniques and culinary fundamentals; Canadian guidelines for food safety and quality, meat cuts and butchering procedures, health and nutrition; and hundreds of photos and photo sequences detailing preparation techniques and plate presentation.



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