



# **"Just Tell Me What To Do!": A guide to becoming the true YOU**

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# "Just Tell Me What To Do!": A guide to becoming the true YOU

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With wisdom and insight born of and honed by her own pain and confusion, Wendy Reese lays out a roadmap to inner peace that is utterly elegant in its simplicity. An unexpected awakening of the soul that is deep, spiritual, and the right balance of evidenced-based scientific research. The book serves as an empowering guide on the journey of life.

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