



# **Rule # 1 - Crazy People Make You Crazy (At Work Edition): The Survival Guide for Coping with Impossible People**

*John J Patterson*

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**What is this book about?**

This book is not politically correct. This book is about coping with the crazy people at work. It is a serious book with funny cartoons and stories.

The book has 10 rules of survival. Rule # 1 Crazy People Make You Crazy is the foundation of all of them. The rules allow you to identify and then avoid crazy people and crazy situations. The sub-title of the book is The Survival Guide for Coping with Impossible People. This is not a get rich or get sex self-help book. This is about getting your life focused on what is truly important.

**Who should read this book?**

Life is too short and too precious to allow ourselves to be side tracked by impossible people and the impossible problems they create.

That life is short and precious is a truism, but it is a truism that resonates deeply in the hearts of those of us who have dipped our toes into the waters of middle age or beyond.

Perhaps the realization comes when we hit a 40th birthday or a 15th wedding anniversary. All of a sudden, life is flying by.

What we want at that point more than anything is to pay attention to what matters. We want time for precious things whatever unique combination of family and friends and hobbies and faith and community brings each of you his or her unique sense of joy and fulfillment. That is what makes this a genuinely different kind of self-help book.

**What else makes this book different?**

The book is friendly, conversational and entertaining. Some people see it as serious book that has cartoons; others see it as a funny book with some serious points to absorb.

It is written to be a quick satisfying read. That airplane ride to Chicago becomes an entertaining learning experience.

A **Rules Wallet Card** is provided free to every book or e-book purchaser.

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