



Coaching Volleyball Successfully

William J. Neville, United States Volleyball Assoc

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Many coaches already know how to perform the skills required for volleyball. But to be successful, coaches need to know how to teach volleyball skills to young or inexperienced players. This book explains how to demonstrate and direct the practise of fundamental skills and strategies of volleyball. It will also help coaches tailor their instruction to meet the basic needs of developing players. This manual sets the standard for coaching beginning volleyball and represents the best coaching information available from the United States Volleyball Association (USVBA). It covers everything from teaching volleyball skills and strategies to organizing and formulating practice and game plans.

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