



Hell on Two Wheels: An Astonishing Story of Suffering, Triumph, and the Most Extreme Endurance Race in the World

Amy Snyder

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Three-time Ironman finisher Amy Snyder takes the wraps off the best kept secret in the sports world, the Race Across America (RAAM), a bicycle race like no other. Unlike its famous cousin the Tour de France, RAAM is much crazier, more gothic, and even savage: once the gun goes off the clock doesn't stop, and the first rider to complete the prescribed 3,000-mile route is the victor. In *Hell on Two Wheels*, Snyder follows a group of athletes before, during, and after the 2009 RAAM, the closest and most controversial race in the event's 30-year history. This work offers a thrilling and remarkably detailed account of the competitors' triumphs and tragedies as they test themselves, each other, and the limits of human endurance. As RAAM exacts its vicious toll, Snyder shows how the racers discover their essential humanity and experience profound joy and completeness, demonstrating how such a grueling effort can also be cleansing and self-revelatory.

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