



# The Last Frontier: Exploring the Afterlife and Transforming Our Fear of Death

*Julia Assante*

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# The Last Frontier: Exploring the Afterlife and Transforming Our Fear of Death

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## **The Last Frontier: Exploring the Afterlife and Transforming Our Fear of Death** Julia Assante

Knowledge of the afterlife can trigger dazzling transformations in body, mind, and spirit. It unleashes our authentic selves, radically resets our values, and deepens our sense of life purpose. From it we discover that the real nature of the universe is the very essence of benevolence. In this comprehensive work, Julia Assante probes what happens when we die, approaching with scholarly precision historical and religious accounts, near-death experiences, and after-death communication. She then presents convincing evidence of discarnate existence and communication with the dead and offers practical ways to make contact with departed loved ones to heal and overcome guilt, fear, and grief.

*\* Winner of a 2013 Nautilus Gold Award in the category of grieving / death & dying*



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