



Fast Girl: A Life Spent Running From Madness by Suzy Favor Hamilton | Summary & Analysis

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INTRODUCTION

GENERAL SUMMARY

Fast Girl: A Life Spent Running from Madness is a non-fiction telling of Olympic runner Suzy Favor Hamilton's struggle with bipolar disorder. In an effort to share her story, this book details nearly thirty years of experiences—ups, downs, and everything in between—of a woman who lived her life pulling through anxiety, depression, mania, and the negligent social stigma of mental illness in the 1980's.

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SETTING

This story takes place in several different locations, the central ones being Madison, Wisconsin and Las Vegas, Nevada. These two cities tell polar tales—one of a wholesome, loving life of an Olympic runner and mother, and another of a high-risk, adventurous escort fulfilling her fantasies.

Available on PC, Mac, smart phone, tablet or Kindle device.

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