



Living Off the Land - A Beginner's Guide to Being Self-sufficient

Darla Noble, John Davidson

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Living Off the Land - A Beginner's Guide to Being Self-sufficient Table of Contents Introduction Chapter 1: It's What You Do With What You've Got That Matters Proper management includes keeping your pastures in good shape. Chapter 2: Moo, Bah, Cluck And Oink Chapter 3: Eat Your Veggies Chapter 4: Fruits, Herbs And Flowers Conclusion Author Bio Publisher Introduction There's a little bit of pioneer spirit in all of us. We can't help it...it's in our blood. For some this pioneer spirit shows itself in someone's determination to climb to the top of the corporate ladder. But for others, this pioneer spirit takes them back to their roots...literally; giving them the desire to be self-sufficient to the greatest extent possible. If you are reading this book you are most likely someone wanting to be more self-sufficient. Good for you! With the cost of food going higher and higher every week (literally) and the nearly-constant revelations of the negative effects of chemicals, processed foods and other things we ingest, it's a shame more people aren't willing to do more to get back to the basics of providing for themselves. Yes, it's true you may raise a few eyebrows or be asked if you're hooked on reruns of "Little House on the Prairie", but that's okay. Besides, I bet those same people will be wishing they would have been a little less critical when you're giving away excess produce. Anyway...the purpose of this book is to give you the direction and encouragement you need to be able to be as self-sufficient as possible. So without further ado...let's get started.



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