



# Parenting Apart: How Separated and Divorced Parents Can Raise Happy and Secure Kids

*Christina McGhee*

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# Parenting Apart: How Separated and Divorced Parents Can Raise Happy and Secure Kids

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**Parenting Apart: How Separated and Divorced Parents Can Raise Happy and Secure Kids** Christina McGhee

**The ultimate resource for separated and divorced parents, written by an internationally acclaimed expert on divorce and its impact on children.**

This comprehensive and empowering guide is filled with practical, effective ways to minimize the effects of divorce on children, and offers immediate solutions to the most critical parenting problems divorce brings. In this go-to resource, Christina McGhee addresses the issues of utmost importance to parents:

? How and when to tell the children about the divorce

? Guiding children through transition

? Helping children cope with having two homes

? Dealing with finances

? Managing a difficult relationship with an ex

? And more

Offering advice on explaining things to every age group—from toddlers to teenagers—in plain, consistent, and age-appropriate terms, *Parenting Apart* also offers practical suggestions for parents to help them maintain their own sense of stability and take care of their own well-being while taking care of their kids.

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