



Poise for the Runway of Your Life

Carol S. Batey Ph.D

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Poise for the Runway of your Life Eastern and Western self-help gurus alike is the achievement of balance. For author Carol S. Batey, this implies the ability to pursue to life's destiny free of doubt, with self-confidence and a sound mind, trusting in a higher power to guide you through. Batey chronicles the incredible fulfillment of her life's destiny as a professional model and writer shows how readers can learn to tap into their own internal power of intuition to discover the endless possibilities that lie in wait for them on the runway of their life. This book shows readers how to recreate their own lives and find balance via Batey's own amazing journey from homemaker and mother of six children to living her childhood dreams at age 51 when she started she now 56. Batey is the first to admit that she had her doubts, but by listening to her inner voice, to God, and believing in herself, she was able to completely transform her life and accomplish her childhood dreams. This book instructs readers on how to position themselves, both mentally and physically, for their life's destiny through Batey's personal revelations and triumphs. Batey emphasizes that total poise is not determined by the successes of ones life. but by the ability to recover from moments of crisis, duress and transition. For dreamers in any season of their life, Poise for the Runway of Your Life will inspire the confidence and hope to tap into the power of their God and to reach for the stars.

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