



Now Panic and Freak Out

Andrews McMeel Publishing LLC

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A parody of the famed Keep Calm and Carry On British motivational poster, and featuring the same successful format as the best-selling *Keep Calm and Carry On* book, *Now Panic and Freak Out* is destined to be the mantra for the worriers of the world! Keep Calm and Carry On is all very well, but life just isn't that simple. It's time to panic. This clever collection features uncannily appropriate (for the times) quotes, such as:

* "We experience moments absolutely free from worry. These brief respites are called panic." --Cullen Hightower

* "The reason why worry kills more people than work is that more people worry than work." --Robert Frost

* "I am an old man and have known a great many troubles, but most of them never happened." --Mark Twain



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