



Hidden from the Holocaust: Stories of Resilient Children Who Survived and Thrived

Kerry Buglass

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From twins torn away from their family and separated, to a girl shut in a basement, maltreated and malnourished, the world of Jewish children who were hidden from the Nazis during the Holocaust becomes painfully clear in this volume. Psychiatrist Bluglass presents interviews with 15 adults who avoided execution in their childhoods thanks to being hidden by Christians, all of whom have since developed remarkably positive lives. All are stable, healthy, intelligent, and share a surprising sense of humor. Together, they show a profound ability to recover and thrive?an unexpected resilience.

That their adjustment with such positive outcomes was possible after such harsh childhood experiences challenges a popular perception that inevitable physical and psychological damage ensues such adversity. Their stories offer new optimism, hope and grounds for research that may help traumatized children of today, and of the future, become more resilient. The book's core consists of these remarkable survivors' narratives, told in their own words. Also included are childhood and current pictures of each survivor, a list naming their rescuers (people who hid them), and a detailed bibliography.

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