



Understanding Research in Counselling (Counselling and Psychotherapy Practice Series)

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Many counselling courses have a strong research element built into the modules and students are expected to gain a thorough understanding of research issues early on in their studies. This accessible and practical textbook will demystify research and make it relevant to counselling practice. There are sections on linking clinical practice to research, developing 'curiosity' and engaging with the data. The book uses clinical practice as a basis for understanding research, and makes connections between the activity of therapy and the research process.

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